

LET’S HEAR WHAT EVERYONE’S SMILING ABOUT

BY DR. ELI GHERMAN

WHAT IS INVISALIGN®?

Invisalign® is a product produced by a California-based company called Align Technology. Align Technology was founded in 1997 and since then has been used by close to seven million people worldwide.

The Invisalign® System is a technologically advanced aesthetic approach to treating mal-occlusions or bad bites. It uses three dimensional graphic imaging and CAD/CAM technology to create a virtual model of the patient’s teeth. With special software, this model is then manipulated by your orthodontist to form an ideal bite.

There are many stages to go through to get from a bad bite to a good bite. In between, the teeth will be at different positions until they reach their final stage. From each of the virtual model’s stages, Align Technology creates an **aligner**, a clear, nearly invisible appliance that gently moves teeth to the desired final position. I recently attended the American Association of Orthodontics virtual meeting in



Digital 3-D models



Insertion of Aligner

Boston, and Invisalign revealed improved, sleeker elastic materials, with even better precision and software, that shortens the treatment time.

HOW LONG DOES INVISALIGN® TAKE?

Each aligner is worn from one to two weeks and is then changed to the new aligner. Typically the treatment will take 5-12 months. However, this will vary based on your bite.

IS INVISALIGN® BETTER THAN BRACES?

As I have emphasized in previous articles, there is no one orthodontic system that is the best for all patients. Your orthodontist must determine if Invisalign® will be best for you. I have been using and studying the Invisalign® system for over 15 years and I can tell you if it is right for you.

Invisalign® does, however, have many benefits over braces: They are easy to use and hard to break. You can remove them for special occasions, for cleaning your teeth, or to eat certain foods that you can’t eat with braces. Of course, the best part is that they really are invisible.

SO HOW DO I KNOW IF I AM A CANDIDATE?

Call to set up a consultation with your orthodontist. He or she will determine the way forward so you can achieve the smile you always wanted in the best way possible.

Dr. Eliyahu Gherman’s main office is located in Ramat Bet Shemesh-A, Nachal Tamar 1 (02-992-3363, simchabraces@gmail.com). He also works in Rechavia (02-561-9780). We are always looking for the most comfortable, fastest and ideal way to give you a healthy and beautiful smile.



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