



The Orthodontic Myth Busters

Episode 4: The Case of Might Doesn't Make Right

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As a health care provider, one must not only be well-trained in one's field, but also be on the lookout for dangerous misconceptions held by the public. When we are able to right the wrong, bust the myth, and save the public much anguish and grief, we gladly proclaim: "Mission accomplished".

As we continue to bust these myths, we ask you to join our team to help us spread the truth, and help others achieve a beautiful healthy smile, in a shorter, more satisfying, way. So read the story, absorb the lesson and BUST THE MYTH!

All was quiet in the Goldberg house - too quiet, that is. Chezki Goldberg had his braces put on several weeks before and hadn't complained at all. Normally this would be something to celebrate, but since Chezki was the most sensitive of all her children, Mrs. Goldberg was starting to worry that the braces weren't doing anything.



"Chezki, you're sure nothing bothers you?" asked Mrs. Goldberg. "I remember when I had braces the orthodontist cranked my braces so hard I felt like my head would explode," she exclaimed, "but my teeth did straighten and since I still put my retainer on a couple of nights every week, I still have a beautiful smile."

Mrs Goldberg picked up the phone, "Let's call the Doc and ask him what's going on and why you don't feel anything."

"That's great! Let me explain," said Doc.

Did you ever wonder why I chose a Panda as my logo?

A Panda is a very powerful bear, but instead of eating other animals, they gently and for long periods of time, eat bamboo and thus keep their forests healthy by spreading seeds, which helps vegetation to thrive. That is why in many cultures, they represent peace and harmony.



Likewise there are two ways to move teeth:

1. With strong intense forces: This will stop the blood supply around the tooth which causes pain, and then eventually new bone is formed as the tooth moves to the desired position.

2. With light, continuous and physiologic pressure: Believe it or not, this way moves teeth into their correct position faster, with more stability, yet provides maximum comfort to the patient. Some orthodontists use special high tech Bio-force wires that give each tooth just the proper amount of force. That's why Chezki is not complaining, and why I like pandas!

MYTH BUSTER ALERT:

**If you don't feel it, it's not working... False!
It's still working and probably even faster!**

"Looks like Chezki was born at the right time. The only problem is that now, Chezki wants a pet panda!" laughed Mrs. Goldberg.

Stay tuned for the next episode of The Orthodontic Myth Busters

Dr. Eliyahu Gherman's main office is located in Ramat Bet Shemesh-A, Nachal Tamar 1 (02-992-3363, simchabraces@gmail.com). He also works in Rechavia (02-561-9780). We are always looking for the most comfortable, fastest and ideal way to give you a healthy and beautiful smile.



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