



The Orthodontic Myth Busters

Episode 10: The Case of The Invisible Braces

Dr. Eliyahu Simcha Gherman

As a health care provider one has to be well trained in their field, but also on the look out for dangerous misconceptions that lurk amongst us. When we are able to right the wrong, bust the myth, and save the public much anguish and grief, we gladly proclaim "Mission accomplished"! As we continue to bust these myths, we ask you to join our team to help us spread the truth, and help others achieve a beautiful and healthy smile, in a shorter more pleasurable way. So read the story, absorb the lesson and BUST THE MYTH!

Shiffy Goldberg came home from Doc's office and told her mom that Doc said she was not a good candidate for Invisalign treatment. "So why the frown?" asked her mom.

Shiffy looked surprised, "Invisalign is just so cool and futuristic! First of all, it's completely invisible. Did you know that Invisalign has grown to be a \$6 billion company? Mostly due to their constant research and development to make it the best and most precise clear system in orthodontics.

Shiffy continues: "A high tech scan builds a 3-D model of my teeth. Doc then tells them how to move the teeth, how many sets of trays will be needed and he gives me several aligners, so that every two weeks, I change to the next one which is slightly different until my teeth are aligned. If he gives me six sets I won't need to come back for twelve weeks."

"So how come it won't work for you?" asked Mrs. G.

"Well, even though it's the top of the line, there are certain movements that are still not as predictable as braces are," said Shiffy. "Even though I'll be starting to date, I can still get clear braces, Doc uses the highest quality that doesn't stain and are really translucent. Also, Doc said it would be faster. On the other hand, if I really didn't want braces, he could do the complex movements before with the braces and finish with the Invisalign. What do you think Ima?"

"I think it sounds good, as long as you will wear them as prescribed," remarked Mrs. G.

"Don't worry Ima, if I can get the Invisalign, I'll want it to work as fast and precise as possible, so I'll wear it as instructed."

"So did you ask the Doc which is better, Invisalign or braces?" Inquired Mrs. G.

"Doc said that here is no one orthodontic system that is the best for all patients. He will determine if Invisalign will be best

for me. I certainly trust him."

You have to be careful, as not all dentists have much experience with Invisalign and may guide you to use it when it's not indicated for ideal results.



This is not a myth! Overall, invisalign has improved dramatically over the years and is an excellent product that will work fantastically for the right patient.

So how do I know if I am a candidate?

Well, simply contact your orthodontist to set up a consultation.

***Stay tuned for the next episode of
The Orthodontic Myth Busters***

Dr. Eliyahu Gherman's main office is located in Ramat Bet Shemesh-A, Nachal Tamar 1 (02-992-3363, simchabrac-es@gmail.com). He also works in Rechavia (02-561-9780).

We are always looking for the most comfortable, fastest and ideal way to give you a healthy and beautiful smile.

