



Your Smile



The Orthodontic Myth Busters

Episode 2: The Obstructive Jaw: Not Any More!

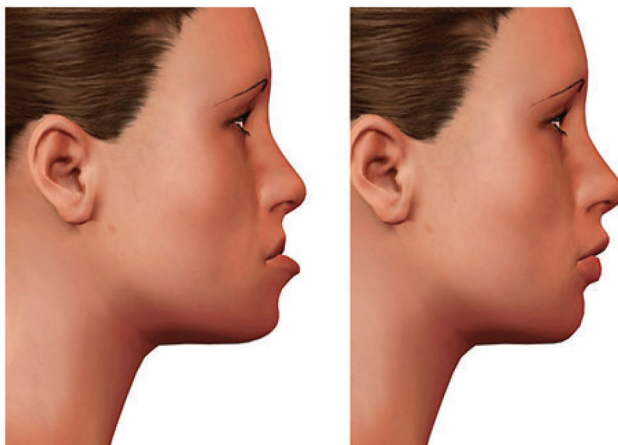
Dr. Eliyahu Simcha Gherman

“What’s the matter Moe?” asked Doc, “You look so down.”

“Doc, I’m ‘in the parshah’ now, it was my first date, and all she could do was stare at my giant lower jaw. I can’t believe how lazy I was when you gave me the reverse night brace, and I refused to wear it. I guess since I’m 18 already, it’s been a while since I’m finished growing and now there no more hope for me.”

Doc put his hand on Moe’s shoulder. “Don’t worry. You were born at the right time. Let me tell you a story. It seems you sure could use one now. I had a patient who wanted so badly to have a big, wide, beautiful smile. The problem was that she was already grown and I could no longer expand her jaw. I then discovered that Shaarai Tzedek, the hospital closest to my clinic, has a brand new state-of-the-art center called Harmonia. One of their many procedures is a technique called Orthognathic surgery. Twenty years ago, the surgery carried many risks and a very long and painful recovery time. Today, you enter the world of Harmonia, greeted by Dr Eran Regev, a skilled orthognathic surgeon and a team of specialists with all the latest technology that makes the

surgery much more predictable, and with a much shorter and less painful healing time. The orthodontist’s job is to place braces before and after the surgery to make sure the bite and facial structure are perfect. This girl was so excited about her new smile, she shortly thereafter got engaged, and she gave me a *bracha* under her *chupa*.



What really fascinated me was how it made her feel so good and confident in herself - this is the mind-body connection: Her beautiful healthy smile affected her whole body and soul.

In July 2019, the National Library of Medicine published a compilation of many scientific studies that indicated the following: There are times that an adult may require orthognathic/orthodontic surgery for facial deformities, aesthetics, speech, digestion, breathing, dental occlusion, muscle pain and maybe for psychological reasons. (Often avoided very easily, if you bring your child in early at age 7, 8 or 9 years old.) After treatment, the findings indicated that there was not only improved facial and dental aesthetics and oral masticatory function, but there was also increased self-esteem, and improved interpersonal relationships, which led to an increase in quality of life and overall body health. Again, because Israel pushes for the latest hi-tech procedures, we are not as hesitant as we were twenty years ago to send a patient to discuss this often life-changing treatment. So, when all is said and done, Moe, your chin and overall body health can be improved,” said Doc with a smile.

“Hey, Doc. Thanks! You know any good new restaurants around town?” laughed Moe.

Dr. Eliyahu Gherman’s main office is located in Ramat Bet Shemesh-A, Nachal Tamar 1 (02-992-3363, simchabraces@gmail.com). He also works in Rechavia (02-561-9780). We are always looking for the most comfortable, fastest and ideal way to give you a healthy and beautiful smile.



SIMCHA BRACES

Nachal Tamar 1 נחל תמר 1

02-992-3363