



Your Smile



The Orthodontic Myth Busters

Episode 3: The Case of the Perfect Brace

Dr. Eliyahu Simcha Gherman

As a health care provider, one has to not only be well-trained in the field, but also on the lookout for dangerous misconceptions that lurk amongst us. When we are able to right the wrong, bust the myth, and save the public much anguish and grief, we gladly proclaim "Mission accomplished"!

"I can't believe it!" exclaimed Goldy, "One week till I get my braces...I'm so excited...but...."

"What's the matter?" asked Goldy's concerned mom. "Well, Faigy, you know, my best friend, just got her's on and the dentist told her that even though she has a super complex extraction/possibly surgical case, he placed special braces that would work magic, as they do on nearly all the bad bites. He told her it would be like watching an Uncle Moishey concert, and before she knew it she would look in the mirror and gasp, "'Hey, Dum Diddle Dum' - they're straight!"



SIMCHA BRACES

Nachal Tamar 1 נחל תמר 1

02-992-3363

"I think you should call Doc and ask if there is such a brace and, if yes, maybe you can also get them," said Goldy's mom.

Goldy hesitatingly called Doc and asked for the magical braces....



'Hey, Dum
Diddle Dum' -
they're straight!

Doc explained: "Goldy, you know what is also coming up? The elections. Do you think any candidate will fix every problem while we sit back 'hey, dum diddle dumming'? Sorry, but there is no such thing as a perfect brace. However, you should know that my orthodontic program consisted of an extra year (three years, instead of the standard two). That year was great for many reasons, but one of the best reasons was that I treated many patients with various systems of braces. You probably won't believe it, but there are hundreds! Standard edge-wise, Tip-Edge, Begg, Roth, MBT, Self-Ligating, Bi-dimensional, lingual, even 24k Gold braces (ask me who got those shiny jewels), just to name a few. So, after 22 years, what type of brace do I feel is the best?

For several reasons, I've found the best braces to be the smallest braces on the market:

1. They are the easiest to clean.
2. They are low profile, most comfortable and least likely to break.
3. The inter-brace width between crowded teeth is going to be maximized, thus maximizing the ability for the wire to do its job fastest and most efficiently with the least discomfort.
4. The friction of wire to brace is minimized; maximizing sliding speed on the wire.
5. And 'Hey dum Diddle Dum' because they are so sleek, they look mighty fine!

"I'll take those, Doc!" Goldy exclaimed.

"Who doesn't love minis anyway. And, by the way, happy Purim Katan!" Smiled Doc.

Stay tuned for the next episode of The Orthodontic Myth Busters

Dr. Eliyahu Gherman's main office is located in Ramat Bet Shemesh-A, Nachal Tamar 1 (02-992-3363, simchabraces@gmail.com). He also works in Rechavia (02-561-9780). We are always looking for the most comfortable, fastest and ideal way to give you a healthy and beautiful smile.